



**IN THIS ISSUE:**

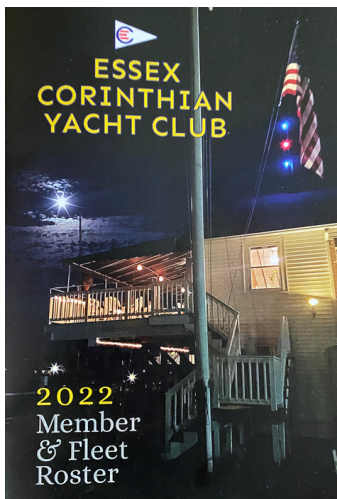
- View from the Bridge
- In the Clubhouse
- Ship's Store Update
- Membership Report
- Entertainment Committee News
- Upcoming Events
- On the Water
- Getting to Know:
- Fleet Chaplain Dan Taylor-Stypa

**View from the Bridge**

*Commodore Tom Atkinson*

As the last month of Summer is upon us, I wanted to take a moment and share some thoughts and observations. One behavior I've developed as Commodore is that, if something needs to be done and no one is around, I do it. Before I became commodore, I wouldn't have necessarily done that. But we are a volunteer club - there is no paid staff to take care of the odds and ends. So I find myself picking up bits of trash, closing a propped open door to the deck on a hot day when the air conditioning is running, moving deck chairs back into place around the tables, lowering an umbrella to prevent it from being damaged if the wind comes up, or rearranging the dock lines on the Ideal 18s to secure them better. I'm sure there are some other members that do that too. But wouldn't it be nice if we all thought to ourselves "if I don't do it then nobody will"? If we all think that way, then we will have a ship shape club!

**Tom Atkinson [commodore23@essexcorinthian.org](mailto:commodore23@essexcorinthian.org)**



**The 2022 Member & Fleet Roster has been published. Copies are available for pick up at the club. If any information is wrong or out of date, please e-mail Jean ([ecyc@essexcorinthian.org](mailto:ecyc@essexcorinthian.org))**

# IN THE CLUBHOUSE

## A Special Request from the Commodore:

Please wear your name tags at meals and events. Please do not “stake” out tables by putting your belongings or one person at a table to save it until the rest of your party arrives. Tables are first come, first served. For people who don’t eat at the club often, please try to avoid waiting until the last dining day of the month to fulfill your galley minimum – the galley is often overwhelmed by the extra demand.

**Thank you!**

## IN THE GALLEY

### Late Summer/Early Fall Hours:

Please see website for weekly menus

#### Lunch (self-service):

Wednesday, Thursday, Friday & Saturday  
11:30 am to 2:00 pm

#### Dinner (table service):

Wednesday & Friday  
5:30 pm to 9:00 pm

#### Brunch (table service):

Sunday 11:00 am to 2:00 pm

## Play Games At ECYC!

ECYC offers a wonderful clubhouse in which to play table games. For many years, members have enjoyed playing Bridge, Scrabble, Mahjong, Canasta, and Cribbage. If you and guests want to join in the fun, here are the games currently being played:

**Mahjong: Tuesday 9:30-11:30**

**Canasta: Tuesday 9:30-11:30**

**Scrabble: Thursday 1:00-4:00**

**Bridge: Thursday 1:00-3:00**

If you have a game you want to play at ECYC, or if you want to join other members in games now being played, you must contact the ECYC Game Coordinator, Ann Fitzgerald ([ann99fitz@gmail.com](mailto:ann99fitz@gmail.com), 860-235-6233). Non-members are welcome as guests, however, they must be accompanied by a member!

## ECYC SHIP'S STORE



Ahoy ECYC members, I'd like to introduce myself. My name is Laura Loew, and I am your new Ship Store manager. My roll here is to organize and keep new merchandise available for all of you marine lovers. My husband, Marc and I moved to Essex four years ago and just joined Corinthian in April. I have a background in fashion design and thought helping out in running the ship store would be a nice fit for me. So far so good! Since I have started just a month ago I have inventoried and organized our first blow out sale hoping to winnow down old merchandise and bring in some new goodies. Our first sale proved successful! Next up, as you probably have received a recent email, we will be holding our second sale of which hopefully will be a monthly event to happen on the last Friday dinner of each month. Merchandise can be previewed in the display case at the bottom of the stairs outside Jean Little's office. It is my pleasure to assist anyone with purchases if you are not able to attend the monthly sale.

I can always be reached by phone or email ([laurabloew@yahoo.com](mailto:laurabloew@yahoo.com), 201-788-6834) to help!



## MEMBERSHIP REPORT



**New Members Reception**

I am happy to report 26 new memberships this year! We welcomed our newest friends onboard with a New Members Reception in June and a special potluck last weekend. Many have already embraced our Corinthian spirit by helping on various committees and stepping up to take on larger projects. Be sure to check out the New Members Board by the front entrance and offer a warm welcome when you see them!

*Jessi Kneier, Membership Chair*

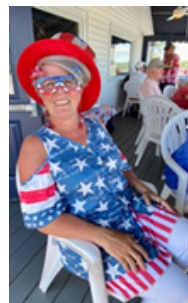
## ENTERTAINMENT REPORT

Activity has blown into the club like a breath of fresh air now that our world is getting back to a new normal! Your entertainment committee has been staying busy to keep the social fun going with a variety of events so far this year such as a Kentucky Derby party, Memorial Day Potluck, Caribbean Night party with a steel drum band, and a July 4th party with almost 90 guests-wow! A huge shout out to all those who made these events a success and especially to Chef Lori!

Wednesday nights are the place to be at ECYC with our live music on the deck in full swing! Come by to enjoy lively music and tasty meals-you won't find a better time with such a picturesque water view right in our own piece of paradise!

We may be halfway through the year, but many exciting events still await you at ECYC! Come out to support the Cross Sound Challenge by attending the after party, claim best BBQ bragging rights at the Labor Day potluck, grab your favorite pirate to sing along with the Jovial Crew at our Sea Chanties night, cook up some flavors of your heritage at Around the World potluck, and get into the holiday spirit by gathering with friends to see Trees in the Rigging or by bringing your little ones out to see Santa! See you there!

**Pat Atkinson & Jessi Kneier**  
**Entertainment Co-Chairs**



### Did You Know?

Members may attend Board of Governors meetings, and the BOG meeting minutes from the prior month are posted outside Jean's office. Meetings are the third Thursday of the month at 6:30pm.

# Upcoming Events

- Labor Day Potluck** - Monday, September 5th
- Cross Sound Challenge Race & Party** - Saturday, September 24th
- Sea Chantey Night with the Jovial Crew** - Saturday, October 15th
- Around the World Potluck** - Saturday, November 5th
- Trees in the Rigging** - Sunday, November 27th
- Children's Holiday Party** - Saturday, December 10th
- New Year's Eve Dinner** - Saturday, December 31st

---

## What's new in the Neighborhood?

Safe Harbor has agreed to allow ECYC members use of the Dauntless shipyard swimming pool any day of the week except Saturday. Please limit your party to family members and/or other club members. In exchange, Safe Harbor boaters may eat lunch at ECYC Wednesdays through Saturdays, which will increase galley revenue. This is a win-win for the club!



Event Co-Chair and Past Commodore Ruth Emblin and DIYC's Anne Edley present the check to Sail Up 4 Cancer Founder & CEO Bob Davis

We raised \$58k for Sails Up 4 Cancer during the 2022 Gowrie Group CT River One-Design Regatta presented by Cooper Capital Specialty Salvage, in cooperation with EYC, DIYC, FBYC and PYC. Thank you to all donors, sponsors and volunteers who made this event happen!

### Did You Know?

This newsletter is named after the buoy marking the shoal at the mouth of the Connecticut River.



# ECYC ON THE WATER

## ECYC Sailing School Launches

Tremendous gratitude to all of the waterfront volunteers is due this season. With the help of Cindy Gibbs, Terry Stewart, Jeff Going, Jon Gibbs, Joan Sauvigne-Kirsch, Jim Hammel, Jim Stoll and Tom Atkinson, more than a dozen members have been out on our Ideal 18's for coaching and skills bolstering. More members using our wonderful boats equals more smiles and a broader range of sailors in the fleet.



We at the ECYC waterfront are thrilled to have such a large number of newer members taking part in the sailing and events that make our club special. KEEP IT UP!

Respectfully and enthusiastically submitted,

**Your Fleet Captain Joe Pelletier**

The four Ideal 18 sailboats are for the use of our members. They can be used for racing, or just a day sail. They can fit up to four people. The skipper must be "qualified" to take a boat out. Qualification involves proving to the fleet captain or his representative that you know how to handle the boat and understand the rules of usage. Once you are qualified you can take a boat out whenever you want during the summer season. If/when you think you are qualified, contact fleet captain Joe Pelletier. If your goal is to become qualified, take our sailing lessons. If you want to race the boats either as skipper or crew (crew does not have to be qualified, just enthusiastic and in reasonable physical condition), contact Tom Atkinson (commodore23@essexcorinthian.org) to be added to the Ideal 18 racing group e-mail address. This group e-mail address is used to communicate with each other about upcoming sailing events, skippers seeking crew, and organizing boat maintenance work parties. Racing opportunities are:

**Spring frostbiting every Sunday in March & April**

**Summer Tuesday Night Racing**

**Summer Thursday Night Racing with spinnakers**

**EYC Rum Challenge Regatta for Ideal 18s in mid July**

**Fall frostbiting every Sunday in October & November**

An e-mail will be sent to the group the second week in September asking who wants to sail the fall frostbite season and how often (full time or part time).

## Up and Floating ECYC Kayak Flotilla is paddling along!



Earlier this summer Rich Gilliland was asked to coordinate local kayaking activities for the ECYC membership. The group meets every other Thursday and has grown to 25 interested members. Recent trips have included: North Cove/ Falls River, Middle/ South Cove and Mill Pond/ Falls River in Ivoryton with future trips planned for remote locations: Stonington, Mystic, Thimble Islands (?) as well as other local Connecticut River destinations. Weather, summer vacations and life's obligations have limited a robust turnout but with the cool days of autumn approaching more paddlers are anticipated. Anyone interested in paddling along should contact Rich Gilliland at [gillum14@gmail.com](mailto:gillum14@gmail.com)

## ECSC Cross Sound Challenge hosted by ECYC to be held on Saturday September 24



Our very own Cross Sound Challenge (XSC) race for big boats will be held Saturday, September 24th. The race is across the Sound to Long Island and back.

Please support this event by either being a sponsor to help cover expenses, volunteer for race committee, or the post race party, and/or sailing in the race itself. If you have a sailboat and have never raced before but want to give it a try, contact Bill Robinson asap to learn how to get your boat a rating (which is a prerequisite) for entering.

The XSC was toned down the past two years due to the pandemic. We are now rebuilding the XSC as one of the top regattas in eastern Long Island Sound. Member support and involvement are key elements of that effort. To get involved, contact Vice Commodore Bill Robinson about the race itself. For help with the post race party, contact Pat Atkinson.

**IF YOU ARE GOING TO SAIL, PLEASE REGISTER AS SOON AS POSSIBLE. DETAILS CAN BE FOUND ON OUR WEBSITE:  
ECYC Cross Sound Challenge ([essexcorinthian.org](http://essexcorinthian.org))**

## Name That Burgee Contest

Over the years, club members have traveled the world and collected burgees from clubs they have visited. We've also had visitors from other clubs who have shared their club's burgee with us. As a result, our club has an extensive burgee collection displayed across our dining room's ceiling chains. Displaying burgees is a tradition practiced by many clubs.

The club is creating a picture archive of our collection to be published on the club's web site. A challenge has been to identify every burgee. Some are well known from clubs in our area. Others are obscure from distant places. Through the efforts of several members, we have identified every burgee we have except one the one in this photo.

**If you can identify the club that this burgee belongs to, you will win an ECYC ball cap. Send your answer to the Bell 8 editor with your proof. Good luck!**







Eleven ECYC members travelled to Newport, Rhode Island on Father's Day and sailed the 1958 America's Cup winner Columbia. It was a cool, fall like day, and the winds were a solid 15 knots from the north. The boat was in beautiful shape, and the ride was powerful and smooth. Speed was 8-9 knots on all points of sail. The boat came with a three man crew, but they graciously(?) allowed us to grind the two man stand up winches when tacking (thank you Dan and Jim). They allowed us to steer only off the wind because the boat had running backstays which, if the windward stay is not kept tight, could allow the mast to break - they didn't want any accidental tacks. Participants were Dan Rennie and his father Gregg, Jim & Debbie Hammel and their two college age kids, Jim Coan and his stepson, Gillian Nixon, and Pat & Tom Atkinson. Incidentally, Columbia's skipper was Briggs Cunningham, whose eponymous invention replaced the downhaul and is well known by Ideal 18 crew.

---



All four club boats participated in the **Ideal 18 Rum Challenge Regatta July 16th.**

Winds were a shifty 6-8 knots from the south/southeast with an incoming current. The course was near the north end of Nott Island. The debate before the first race was - do you go left on the beat to get out of the current, but risk entering the wind shadow of Nott Island? Or do you go right to keep your air clear but sail against the current?

It turned out that playing the middle combined with tacking on favorable wind shifts worked best.

Judy Saunders won the day with two firsts, two seconds, and a third (six races total, one throw out). Pat Connelly with crew Chuck Grusse finished third, also winning two races. Dan Rennie with crew Jane Reilly finished fourth, and Jim and Debbie Hammel fifth.

## Getting to Know: Fleet Chaplain Dan Taylor-Stypa

Greetings all! I have been asked by Commodore Atkinson to describe for you the role of a “Fleet Chaplain”. I have had the honor to be the ECYC Fleet Chaplain since the early 90’s. It has been my privilege to provide invocations and benedictions for many Commissionings and De-Commissionings through the years.

Recently I completed my GIP (General in Patient) hospice chaplain with Hartford Health Care @ Home, serving patients and their families at Hartford Hospital, The Hospital of Central Connecticut, St. Vincent’s Medical Center and Charlotte Hungerford Hospital. The term “capellano” is very familiar to me in my providing care to many Latino / Hispanic patients, this is the title with which I was referred to. It hit home as I share the historical origins of “Chaplain” with you later in this article.

Specifically, a Fleet Chaplain is a vital member of any naval or commando unit, with a unique congregation (Yacht Club). The team of men and women who make up the Naval Service come from all walks of life. They do extraordinary jobs in extraordinary circumstances, all over the world, 365 days a year. It means they need a unique type of support. Fleet Chaplains are people who are of and practice all faith traditions.

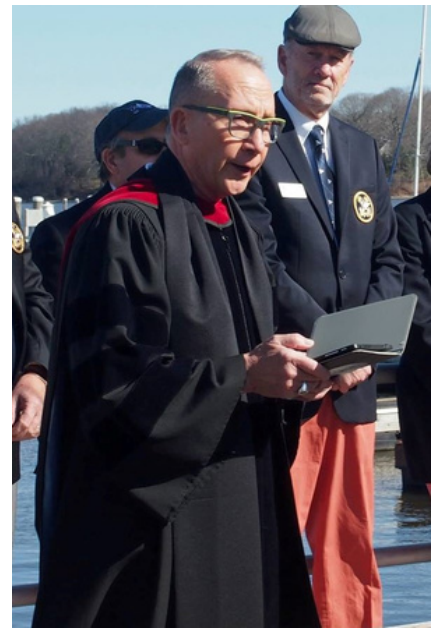
Aside from providing invocations and benedictions for the official opening (Commissioning) and closing (De-Commissioning) of the yacht club, some of the other means of presence and support I provide to club members are; I have accompanied members in need of emergent care to Medical Centers, when informed of a club member being hospitalized or recuperating a phone call is made to offer support on behalf of the ECYC and a get well missive is mailed. When informed of a member’s (or family member) passing a bereavement call is made and a sympathy note is sent on behalf of the ECYC membership. I have also provided for graveside services when able. I have had the many joyous occasions of Blessing of the Fleet, christening club members new boats, and providing the traditional service for the changing of a boat’s name. Being a licensed Justice of the Peace for the town of Essex, I have had the wonderful opportunity of performing marriage ceremonies for club members and their families/friends. With the ECYC having a fabulous galley this makes for a “one stop” wedding venue, with catering from our galley, best view on the river, a spectacular location and an in-house Fleet Chaplain.

For a more historical Christian perspective I am happy to share with you the story/ legend of the origins of a chaplain’s role. Wednesday the 11th of November is the feast of St Martin de Tours, the first chaplain!

“The story of chaplaincy begins at the gate to the city of Amiens in 337 CE. Martin, a young soldier in the Roman army, was walking into the city during a bitterly cold winter. The crowds were hurrying past a half-naked beggar who was close to death. Martin, unpaid and having only his military uniform, stopped and looked at the man who gazed back at him expectantly, with hand outstretched. After a slight hesitation, Martin took out his sword and then removed his cloak and sliced it through the middle giving one half to the man and using the other half to cover himself again.

Some bystanders laughed at him and the ridiculous way he looked, wearing only half a cloak. But other bystanders felt ashamed that this poor soldier, from his poverty, had helped the beggar and made a difference, while they with money in their pockets, had ignored the beggar completely, walking away when challenged by Martin’s actions.

Tradition has it that later that night Martin had a dream, he saw a vision of Christ himself wearing the half a cloak and saying to others “look at the cloak that Martin gave me today, he is only a poor soldier and a lay person”. The dream so affected Martin that he tried to leave the army and in 339 CE he was released into civilian life. From there he went on to work for the poor and increase awareness of the presence of God in ordinary people. He created a number of communities and became a church leader. He died at Tours in 397 CE.





His cloak, or half a cloak, became a precious object in military and royal circles. It became a spiritual symbol for the whole community. The cloak was used in the taking of oaths and was carried into battle, it came to symbolize all that was best in humanity, a symbol of the spiritual dignity of each person and a powerful reminder of the need to seek God in ordinary things. The cloak was called a "cappella" – a cape. It was kept in a tent or in a building that came to be called a cappella, or chapel. The person assigned to look after this sacred relic was called the "capellano" or chaplain. The chaplain would provide access to the sacred symbol and organize prayers and ceremonies for the community to celebrate the spirituality it signified. These were the first people to be called chaplains. They began firstly in the military, then in royal courts, later in hospitals, educational institutions and yacht clubs.

The story highlights some key features of chaplaincy:

- It was inspired by a lay person's act of listening and serving the needy.
- It is based around the God-given dignity of each person in the community.
- It is a form of service that challenges others to think about their own lives.
- It involved safeguarding and celebrating the spiritual treasures of a community.

St Martin of Tours' symbolic act casts a long shadow across world history. It touches all forms of chaplaincy in health, military and educational settings and points to the unique combination of religion, reflection and service all focused on a specific group's needs at a particular time and place."

I am grateful for this opportunity to describe more completely what a Fleet Chaplain's role is. Know I am here, when and if needed. For my being able to better provide support, please inform our Club Manager; Jean Little of any of your needs.

***Blessed and safe boating for the remaining weeks of summer!***  
***Chaplain Dan Taylor-Stypa, D.Min.***  
***Fleet Chaplain***

*The Essex Corinthian Yacht Club's Bell 8 Newsletter is a quarterly publication issued by the Essex Corinthian Yacht Club of Essex, CT.*

*For general questions on ECYC please refer to our website at  
[www.essexcorinthian.org](http://www.essexcorinthian.org),*

*email us at [ecyc@essexcorinthian.org](mailto:ecyc@essexcorinthian.org),*

*or snail-mail to Essex Corinthian Yacht Club PO Box 759 - Essex, CT 06426*

*Telephone: (860) 767-3239*

*Members are encouraged to submit articles and pictures of their club stories, sailing adventures/mishaps to the Bell 8 editor*

*Contact: [bell8newsletter@essexcorinthian.org](mailto:bell8newsletter@essexcorinthian.org)*

**Let's get Social!**

**Find us on Facebook at: [www.facebook.com/EssexCorinthianYachtClub](http://www.facebook.com/EssexCorinthianYachtClub)**

**Instagram at: [www.instagram.com/essexcorinthianyachtclub](http://www.instagram.com/essexcorinthianyachtclub)**

*Please note that schedules may change at any time without prior notice. ECYC and the editor are not responsible for any errors or inaccuracies derived from information provided by third parties.*